



November 27<sup>th</sup> to 31<sup>st</sup>

## Middle School



Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni & Cheese Roll Steamed Broccoli	Teriyaki Beef Stir Fry Lo Mein Noodles Broccoli & Carrots	Chicken Nuggets Biscuit Steamed Corn Baked Beans	Potato & Cheese Pierogis Grilled Peppers & Onions Green Beans	Beef Chili w/ Kidney Beans Corn Bread Glazed Carrots
Beef Hamburger or Cheeseburger Breaded Chicken, Spicy Breaded Chicken				
Garden Salad, Chef Salad, BBQ Chicken Wrap, Buffalo Chicken Wrap, Turkey Wrap Turkey Sub, Hummus Plate				
Cheese, Pepperoni, Specialty, & Bosco Sticks				
Variety of Homemade Soups offered Seasonally				
Nacho Bar Taco Beef Cheese Sauce Beans Salsa Sour Cream	Soft Tacos Supreme MTO Beef or Chicken Lettuce, Tomato Brown Rice	BYO Burrito Chicken Or Beef Black Beans Cheese Sour Cream	MTO Taco Bowl Beef or Chicken Cilantro Lime Rice Pinto Beans	Walking Taco Dorito Chips Taco Beef Or Chicken Corn Black Beans

A Meal is \$3.75 and includes; One each, Grain, Protein, Milk, Fruit & Vegetable. A fruit or vegetable must be selected to count for meal.

### Fresh Seasonal Salad Bar

### Vegetable & Fruit Bar

### Offered Daily

All Grains Served are whole grain rich.

A variety of Milk to include; Fat-Free, Low Fat

**Please discuss any food allergy issues concerning your child with Lucy DuHaime**

This institution is an equal opportunity provider and employer.

