



Lunch Menu September 26th – 30th

Middle School



Monday	Tuesday	Wednesday	Thursday	Friday
No School	Loaded Chicken Nachos Cheese Sauce Spanish Rice Pinto Beans & Salsa	Potato & Cheese Pierogis Grilled Peppers & Onions Roll Green Beans	Confetti Pancakes Turkey Sausage Cheese Omelet Hash Browns Celery Sticks	Beef Chili w/ Kidney Beans Corn Bread Chez Its Glazed Carrots Cookie



Daily Options Beef Hamburger or Cheeseburger Breaded Chicken, Spicy Breaded Chicken Black Bean Veggie Burger Specialty Sandwiches				
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Made Fresh Daily Options Garden Salad, Chef Salad, Specialty Salads BBQ Chicken Wrap, Buffalo Chicken Wrap, Turkey Wrap, Specialty Wraps Turkey Sub, Specialty Subs Hummus Plate				
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Cheese, Pepperoni, Specialty, Calzones & Bosco Sticks				
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Variety of Homemade Soups offered Seasonally				
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A Meal is \$3.50 and includes; One each, Grain, Protein, Milk, Fruit & Vegetable. A fruit or vegetable must be selected for a meal or individual item charges will apply.

Fresh Seasonal Salad, Vegetable & Fruit Bar Offered Daily
 All Grains Served are whole grain rich. A variety of Milk to include; Fat-Free, Low Fat & Soy.
 Menu is subject to change

Please discuss any food allergy or dietary restrictions concerning your child with Lucy DuHaime, Food Service Director.

This institution is an equal opportunity provider and employer

