



Lunch Menu September 19th – 23rd

Middle School



Monday	Tuesday	Wednesday	Thursday	Friday
Popcorn Chicken Bowl Mashed Potatoes Gravy Corn	Cheese Quesadilla Refried Beans Corn Salsa	Penne Pasta Marinara Beef Meatballs Broccoli & Cauliflower	Egg & Cheese Breakfast Taco Salsa Tatar Tots Snap Peas	Grilled Cheese Tomato Soup Steamed Carrots Apple Strudel



<p>Daily Options Beef Hamburger or Cheeseburger Breaded Chicken, Spicy Breaded Chicken Black Bean Veggie Burger Specialty Sandwiches</p>



<p>Made Fresh Daily Options Garden Salad, Chef Salad, Specialty Salads BBQ Chicken Wrap, Buffalo Chicken Wrap, Turkey Wrap, Specialty Wraps Turkey Sub, Specialty Subs Hummus Plate</p>
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<p>Cheese, Pepperoni, Specialty, Calzones & Bosco Sticks</p>
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<p>Variety of Homemade Soups offered Seasonally</p>

A Meal is \$3.50 and includes; One each, Grain, Protein, Milk, Fruit & Vegetable. A fruit or vegetable must be selected for a meal or individual item charges will apply.

**Fresh Seasonal Salad,
Vegetable & Fruit Bar
Offered Daily**

All Grains Served are whole grain rich. A variety of Milk to include;
Fat-Free, Low Fat & Soy.
Menu is subject to change

Please discuss any food allergy or dietary restrictions concerning your child with Lucy DuHaime, Food Service Director.

This institution is an equal opportunity provider and employer

