



# Lunch Menu September 19<sup>th</sup> – 16<sup>th</sup>

# High School



Monday	Tuesday	Wednesday	Thursday	Friday
Popcorn Chicken Bowl Mashed Potatoes Gravy Corn Roll	Cheese Quesadilla Refried Beans Spanish Rice Corn Salsa	Penne Pasta Marinara Beef Meatballs Bread Stick Broccoli & Cauliflower	Egg & Cheese Breakfast Taco Salsa Tatar Tots Snap Peas	Grilled Cheese Tomato Soup Steamed Carrots  Apple Strudel
<b>Daily Options</b> Beef Hamburger or Cheeseburger Breaded Chicken, Spicy Breaded Chicken Black Bean Veggie Burger Specialty Sandwiches				
<b>Made Fresh Daily Options</b> Garden Salad, Chef Salad, Specialty Salad BBQ Chicken Wrap, Buffalo Chicken Wrap, Turkey Wrap, Specialty Wraps Turkey Sub, Specialty Subs Hummus Plate				
Cheese, Pepperoni, Specialty, Calzones & Bosco Sticks				
Variety of Homemade Soups offered Seasonally				
<b>Coming Soon</b>	<b>Coming Soon</b>	<b>Coming Soon</b>	<b>Coming Soon</b>	<b>Coming Soon</b>

A Meal is \$3.50 and includes; One each, Grain, Protein, Milk, Fruit & Vegetable. A fruit or vegetable must be selected for a meal or individual item charges will apply

**Fresh Seasonal Salad,  
Vegetable & Fruit Bar  
Offered Daily**

All Grains Served are whole grain rich. A variety of Milk to include; Fat-Free, Low Fat & Soy.  
Menu is subject to change

**Please discuss any food allergy issues concerning your child with Lucy DuHaime**  
This institution is an equal opportunity provider and employer.

