



Bryden & Hilltop Elementary Schools Lunch Menu

September 2022

A Meal is \$3.25 and includes; One each, Grain, Protein, Milk, Fruit & Vegetable. A fruit or vegetable must be selected for a meal or individual item charges will apply.

All Grains Served are whole grain rich. A variety of Milk to include; Fat-Free, Low Fat & Soy.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Confetti Pancakes Turkey Sausage Hash Browns Celery Sticks Choice of Fruit & Milk	2 Beef Chili w/ Kidney Beans Corn Bread Glazed Carrots Choice of Fruit & Milk Cookie
5 No School	6 Bean & Cheese Chalupa Spanish Rice Sweet Peas Choice of Fruit & Milk	7 Mini Chicken Corn Dogs Pretzel Broccoli Choice of Fruit & Milk	8 Breakfast Combo English Muffin Cheese Omelet Turkey Sausage Links Seasoned Potatoes Choice of Fruit & Milk	9 Beef Meatball Sub French Fries Green Beans Choice of Fruit & Milk Muffin
12 Chicken Nuggets Biscuit Green Beans Choice of Fruit & Milk	13 Beef Walking Taco w/Lettice & Tomato Black Beans Corn Choice of Fruit & Milk	14 Turkey & Cheese Hot Pocket French Fries Steamed Broccoli Choice of Fruit & Milk	15 Cinnamon French Toast Turkey Bacon Tatar Tots Choice of Fruit & Milk	16 Bosco Cheese Sticks Mariana Sauce Steamed Carrots Choice of Fruit & Milk Banana Bread
19 Popcorn Chicken Bowl Mashed Potatoes Corn Choice of Fruit & Milk	20 Cheese Quesadilla Refried Beans Corn Salsa Choice of Fruit & Milk	21 Penne Pasta Marinara Beef Meatballs Broccoli & Cauliflower Choice of Fruit & Milk	22 Egg & Cheese Breakfast Taco Tatar Tots Snap Peas Choice of Fruit & Milk	23 Grilled Cheese Tomato Soup Carrot Sticks Choice of Fruit & Milk Apple Strudel
26 No School	27 Beef Walking Taco w/Lettice & Tomato Black Beans Corn Choice of Fruit & Milk	28 Turkey & Cheese Hot Pocket French Fries Steamed Broccoli Choice of Fruit & Milk	29 Cinnamon French Toast Turkey Bacon Tatar Tots Choice of Fruit & Milk	30 Bosco Cheese Sticks Mariana Sauce Steamed Carrots Choice of Fruit & Milk Banana Bread
2 nd Choice Daily Entrée Cheeseburger	2 nd Choice Daily Entrée Macaroni & Cheese	2 nd Choice Daily Entrée Cheese Pizza	2 nd Choice Daily Entrée Breaded Chicken Sandwich	2 nd Choice Daily Entrée Chicken Fingers
Additional Daily Options Turkey Sub, Barbecue Chicken Wrap, Chef Salad				
Daily Meatless Options Garden Salad, Cheese Sandwich, Yogurt, Black Bean Veggie Burger, Wow butter & Jelly Sandwich, Hummus & Pita				
Dessert Comes with a Meal Every Friday Menu is Subject to Change				

Please discuss any food allergy or dietary restrictions concerning your child with Lucy DuHaime, Food Service Director.

This institution is an equal opportunity provider and employer.

